



Summer 2026

Golden Sun

By Lenore Hetrick

Great glorious, golden sun

Shine down on me today

You are the life of all this
earth

You and your magic ray

You are the life of bird
and plant

All must depend on you

Shine down, great sun the
whole day long

Shine from the heavens
blue

I will welcome your golden
rays

For you mean life to me

You mean happiness and
health , strength and
energy

Shine down great sun on
flower and field and never
say goodbye

Forever and ever give us
your light from out the
wide blue sky

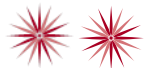


Abercorn Care Limited

Newsletter



Summer 2026 Newsletter



Welcome to the Summer Newsletter.

Update

Both Viewpark and Spring Gardens welcomed the Care Inspectorate over the summer months. We are delighted that the inspection reports have now been finalised and are positive, reflecting the dedication of our teams and the high standard of care and support provided to our residents. The reports can be accessed online via our website aberncorncare.com.

We would also like to welcome our new staff members to the teams. Felicia has joined Spring Gardens as a support worker and Beatrice has joined Viewpark in the same role. Both previously worked with us as bank staff before taking up permanent posts. George has joined the Spring Gardens team as a domestic and Jade has joined Viewpark as a domestic. Welcome to all.



Social Media

Find us on Facebook.

Spring Gardens—www.facebook.com/springgardens.carehome

Viewpark—www.facebook.com/viewpark.carehome





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Throughout the course of the year we ask residents what they would like to do with staff to enjoy some one to one time, on this occasion Pat requested a trip to a garden centre and we headed off to Mortonhall. After a walk around the shop and outdoor space where Pat admired the ornament of a blue tit we headed into the café where she enjoyed a cuppa and a slice of sponge cake



Annual Taxi Outing

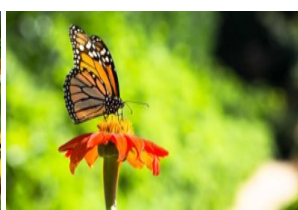


Residents were joined by friends, staff and family as they awaited the arrival of the 2026 Taxi outing and Muriel Margaret B, Joan, Fay and brother Sandy along with Elizabeth. Residents all enjoyed the parade even if some got a little wet when a water guns came their way!

Spring Gardens at Mortonhall Garden Centre



Residents from Spring Gardens enjoyed a bus trip to the garden centre and here Eileen, Hilary and Helen pop into the café whilst Charlie admires one of the many plants on offer and Shirley is pleased with her garden decoration.





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Residents enjoyed a trip to the Festival Theatre for the opera The Marriage of Figaro. Elizabeth, Fay and Margaret all indulged in an ice cream at the interval alongside Support Worker Lare



Residents including Rosa, Ed, Muriel, Elizabeth, Margaret and visiting relative Helen all enjoyed the talk from Roy Johnstone our Historian with the subject being the Women's Auxilliary Air Force in WW1



Music Therapy



Residents all enjoy when we have a selection of musicians in for a knees up and singalong here Margot and Steven Quinn joined us in the lounge with Elizabeth, Muriel Fay, Ann, Pat, Margaret. Joan and Margaret thanked Steven for a great afternoon



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Annabel Sings had Margaret Alex, Ann, Elizabeth, Muriel and Fay all singing along to songs from the 50's and 60's.



Folksy Theatre

Folksy theatre presented a show

to residents called "All The Nice Girls". As you can see it was a fun filled session for all. Fay, Margaret R, Ed, Ann, Elizabeth, Muriel, Alex, Pat and Margaret B all had sore sides from laughing, but the biggest surprise was for Ann who got "married" much to everyone's delight.





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International Fisherman's Day



To mark the day residents including Margaret B, Pat and support worker Ade enjoyed a Trip to Port Seton Harbour and a delicious ice cream cone from the local Imma's Gelato all enjoyed the view out over the harbour and beyond



Port Seton Harbour with Fife in the background

World Cup Sweepstake



Residents all had the opportunity to participate in our World Cup draw with a prize being given to our winner. On this

occasion Spain won and resident Ed had chosen the winning team. He was delighted with his replica world cup trophy, chocolates and a fizzy drink. Well done Ed and Spain!



Flower Arranging



Residents all enjoy a spot of flower arranging and here Hilary, Margaret, Helen and Support Worker Kerry showcase their beautiful displays. Marion decided to leave her arrangement at the front door for any visitors to admire.





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Music and Movement with Jan Kowalski and Clare



Hilary, Sheia and Helen flower arranging for Spring Gardens Strawberry Tea

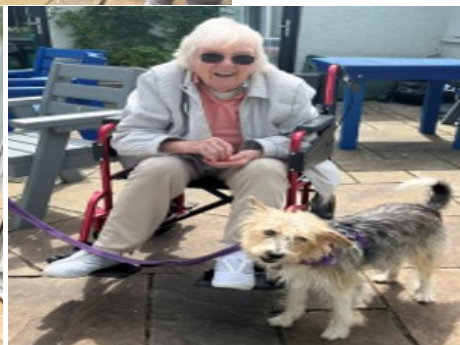
Music and Movement with Residents and staff using our Pom Poms



Music and Movement is acknowledged as a great way to keep residents mobile, improve circulation and best of all its great fun. Support Workers Neyo, Grace and Ade encourage Muriel, Elizabeth, Rena, Margaret B, Pat, Margaret R, Joan and Alex to participate.



Both of our Homes enjoy regular visits from Boogie Beats and the children from Blossom Day Nursery.



Margaret and Marion enjoy spending time in the conservatory and garden with Therapet Emily.



Marion and Margaret celebrate their birthday with staff and friends.



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Muriel and Elizabeth chat to one of the kilted guards



Muriel, Elizabeth and Fay along with Diane and Senior Support Worker Lisa had a memorable visit to Holyrood Palace with all the pomp and pageantry that goes along with a Royal visit. To finish off our morning we all headed off to Duddingston Golf Club to enjoy a well earned cuppa and a delicious bacon roll before heading home to share our memories of our trip



Ceremony of the Keys at Holyrood Palace



Residents of Viewpark have attended Royal Reminiscence at Abbey Strand since its inception and as a thank you Coordinator Fiona obtained a small number of tickets for us to attend the Ceremony of the Keys in the grounds of Holyrood Palace . It was a day to remember, even if the weather was a little unkind to us but it did not stop us from enjoying the event. We were greeted warmly by staff and military and had front row seats with a clear view of the Lord Provost and King Charles. The ceremony is a historic tradition that marks the official start of Royal Week in Edinburgh. The Lord Provost welcomes the Monarch and presents the ceremonial keys of the city on a red velvet cushion, the monarch returns the keys immediately declaring that he believes the keys are safe in the hands of the City's elected Council. King Charles then inspected the Guard of Honour in the grounds of the Palace before meeting the assembled guests.



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To kick off proceedings we welcome musicians Steven and Margo aka "Double Booking" who get staff and residents in the party mood. Here Lisa dances with Ken as daughter Rebecca and residents Ann and Ed look on



Joan, Alex and brother Norrie along with Ed and Muriel enjoy the dancing skills of staff



Manager Liz encourages Pat to join in and Rena and her daughter join in

Annual Strawberry Tea at Spring Gardens and Viewpark



Support Worker Neyo with Joan, Lare with Alex and Norrie, Muriel, Elizabeth, Joan, Margaret B, Pat, visitor Liz and Margaret R and Rena. Ken was joined by daughter Rebecca and Alex and Manager Liz trips the light fantastic with Alex. Lare enjoys a dance with Margaret B watched by Deputy Caitlin and visitor Helen.



A lovely spread was enjoyed by all in Spring Gardens. There is also a group of quizzers assisted by David's wife Linda.





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This Summer has been hailed as one of the hottest on record and residents from both our homes enjoyed time in the garden or on Portobello Promenade



Margaret B, George along with wife Helen, enjoyed spending time in Viewpark's garden. Whilst Pat and Elizabeth sought a little shade in the Conservatory. All enjoyed a refreshing glass of fresh orange and lemonade

Strawberry Tea (continued)



Margaret, joined Ken with daughter Louise along with Manager Louise and sister Sharon to tackle the quiz that had been set



Louise, Sharon and daughter Alba along with Mirren and Olivia enjoy all the strawberry treats on offer. Residents from Spring Gardens take advantage of the home being on the Prom and all love taking in the sea air and views.



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Tony Smith joined residents for an ABBA themed afternoon with residents including Margaret R, Elizabeth, Alex and Muriel all singing along. We believe that Tony took quite a shine to his Agnetha wig!



Marion and Hilary enjoy their coffee outside and Hilary enjoys a chat with Sheila on the Prom

Alpaca's and the Menagerie visit Spring Gardens

This summer Spring Gardens had a visit from the Alpaca's and various other animals from the Menagerie.

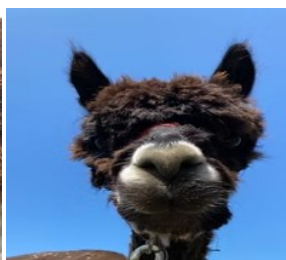


Helen and daughter Lesley chat to Ken and DJ and Maureen and Ken admire the Alpacas and say how soft they are to touch



A visiting group of children from the local nursery were fascinated to meet one of the goats as was Sheila and David enjoyed meeting a rabbit held by Agnes

The Menagerie is a small family holding located on the outskirts of Edinburgh at the foothills of the Pentlands.



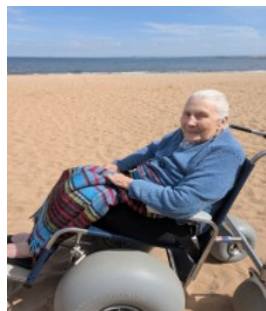


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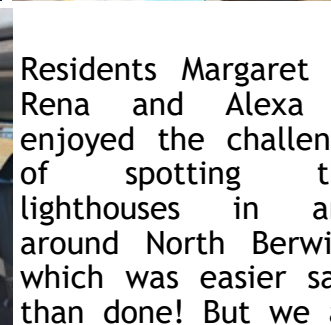
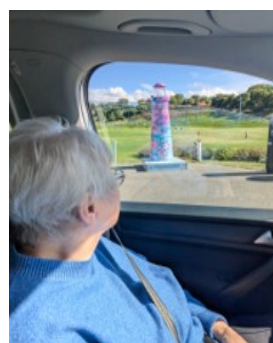


Jazz fans Rena and Margaret B enjoyed a trip to the Queens Hall for a jazz concert just as the Edinburgh Festival was coming to an end. The Ladies enjoyed tea and cake before the concert started and enjoyed meeting some of the young musicians who study at The Conservatoire in Glasgow

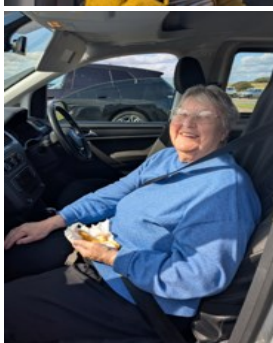
Beach Wheelchairs and the Lighthouse trail at North Berwick



Elizabeth and Muriel enjoyed a trip to the Beach Wheelchairs on Portobello Beach they loved being on the sand and close to the waters edge enjoying the surrounding views before enjoying a cuppa.



Residents Margaret B, Rena and Alexa ll enjoyed the challenge of spotting the lighthouses in and around North Berwick which was easier said than done! But we all enjoyed an ice cream cone in North Berwick before heading to Longniddry and Alandas van for a portion of chips. All said had been a great day out, the weather was lovely and we headed home full and happy.





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From the rugby ground to the train station a trail of 15, 8 foot tall

Lighthouses lit up the streets, parks and open spaces of Leuchie's hometown of North Berwick to celebrate our 15th anniversary as an independent charity.

Each lighthouse was individually painted and matched with a business. The trail was on for 10 weeks and delighted thousands of visitors. The sculptures will be sold to the highest bidder to support people living with neurological conditions



Dates for Diary



14th October: Outing to Dobbies (Spring Gardens)

14th October: Festival Theatre Comfy Ceilidh (Viewpark)

19th October: Dolly Parton Afternoon Tea (Viewpark)

23rd October: Barge Trip Ratho (Viewpark)

30th October: Halloween Party (Spring Gardens)

30th October: Pink Floyd tribute Portobello Town Hall (Viewpark)

4th November: Dancing and Dabbers Mayfield Community Centre (Viewpark)

5th November: Royal Reminiscence @Abbey Strand (Viewpark)

10th November: Ukelele Group (Viewpark)

11th November: Remembrance Theme Afternoon with Annabel Sings (Spring Gardens)

25th November: Cheese & Wine Afternoon (Spring Gardens)

Please check each homes planner and notice board for other events.