



Abercorn Care Limited

Newsletter

Christmas 2022



SNOWBALL

I MADE MYSELF A SNOWBALL,
AS PERFECT AS COULD BE,
I THOUGHT I'D KEEP IT AS A PET,
AND LET IT SLEEP WITH ME.
I MADE IT SOME PYJAMAS,
AND A PILLOW FOR ITS HEAD.
THEN LAST NIGHT IT RAN AWAY,
BUT FIRST, IT WET THE BED!

-SHEL SILVERSTEIN



Edinburgh Xmas 2022

Christmas 2022 Newsletter



Welcome to the Christmas Newsletter.

News Year Message

Happy New Year!

It was great to see the homes able to properly celebrate the festive period with trips out and entertainment coming to the homes. We were not able to do many of these things during the pandemic as the COVID 19 guidance did not allow for this to take place.

Diane and Maureen, our activity co-ordinators, are in the process of planning many more events over the next few months. Please look out for these details on the notice boards within the homes.

We plan to start having face to face group relative meetings this year within the homes. Over the past couple of years we were not able to do this. Viewpark had their first meeting on the 12th January, with a cheese and wine evening. We are looking forward to a few more over the year.





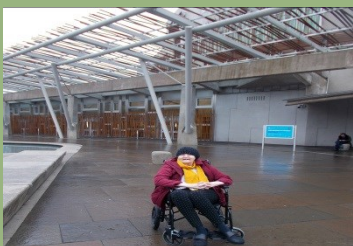
Christmas 2022



A Royal Festive Christmas tree greeted us at the Queens Gallery and a trip to the gift shop to buy a souvenir of the trip



Dining room at Holyrood Palace. Traditionally individuals had their own Christmas tree where the presents were placed to open on Christmas Eve. The cutlery on display is the actual cutlery used by the Royal Family when they visit



Outside the Scottish Parliament building



Residents from Viewpark enjoyed a pre Christmas trip to Mortonhall Garden Centre and Norma, Belle, Shug and Maggie loved all the decorations and laughed at the singing reindeer before heading into the café for a nice warm cuppa and selection of cakes.



Margot enjoyed our first ever trip to the Abbey Strand at Holyrood Palace as they now offer workshops for all to enjoy, on this occasion it was Royal Festive reminiscence and Margo loved chatting about the late Queen and we hope that this will be the first of many visits.

Trip to the Festival Theatre for The Snow

Queen



Belle, Rosa, Wendy and Maggie all enjoyed the Scottish Ballet's performance of the Snow Queen and we were lucky enough to meet one of the principal dancers and we all enjoyed a tub of Luca's ice cream in the interval.





Christmas 2022



Christmas exercise's with Elaine and Aileen in preparation for all the delicious food and nibbles all will enjoy



Singalong with Betty Pottinger



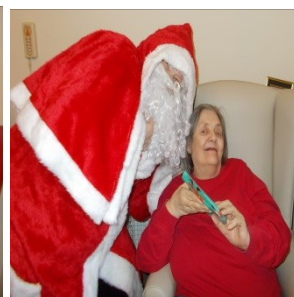
Manager Liz with Maureen proudly modelling their Christmas jumpers

Christmas Party 2022



To begin our afternoon of celebrations we enjoyed a Christmas singalong with Margot Butterfly Music who also gave residents bells to play along with. Residents then enjoyed some festive fayre before a surprise visit from Santa Claus.

HO HO HO Merry Christmas



Mary, Maxi, Winnie, Lesley, Norma and Ann were all delighted to see Santa and everyone received a small gift from him





Christmas 2022



Santa and Sharrell. Strict Elf and safety rules were followed on the day!



Norma proudly showed off her new Christmas jumper.



Irene very kindly brought in one of her Christmas Santa's from home and we all loved watching Santa climbing up and down the ladder whilst it played a selection of Christmas songs from his sleigh.

Christmas Party (Continued)



Alan, Irene and daughter Sarah, Margo, Wendy, Belle, Margaret, Maggie, Ed and Rosa were happy to see Santa and enjoyed their gift.



Residents including Matt, Margo, Ann, Belle, Rosa, Ed, Wendy, Margaret and Maggie all welcomed back Bruce Davies with his selection of Christmas songs and Carols.





Christmas 2022



Ann celebrated her Birthday in December and when better to wear a tiara than on your birthday



Residents all enjoyed a hot chocolate, marshmallows and stollen cake afternoon along with some Christmas Carols.

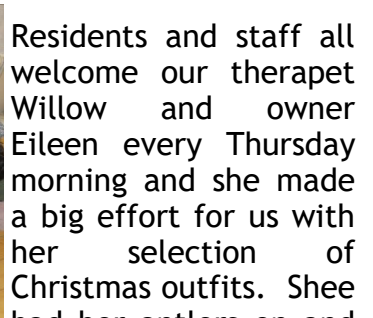


Margaret and Wendy Christmas crafting.

Christmas Celebrations



As you know the World Cup was held over December in Qatar and residents and staff all took part in our sweepstake and as a result of Argentina winning the sweepstake prize was awarded to Irene who was delighted with her gold Lindt Bear and bottle of bubbly. Congratulations Irene!



Residents and staff all welcome our therapet Willow and owner Eileen every Thursday morning and she made a big effort for us with her selection of Christmas outfits. She had her antlers on and came dressed as both a Christmas tree and an elf. Here Rosa, Norma, Margaret, Ann and Maggie offer her a treat in return for a paw.

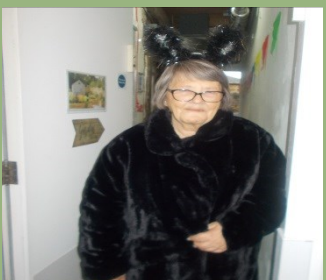


Shug, Maggie, Ann, Ed and Rosa enjoy reading the morning newspapers but here all are enjoying our latest newsletter, hot off the press!



Christmas 2022

Fun with Christmas Hats



Margaret, Irene, Wendy Ann, Maggie and Belle

Christmas 2022



Norma, Wendy and Margaret all enjoyed a trip to the Festival Theatre to see this years Panto Snow White and the Seven Dwarfs. The ladies all loved the show and some Lucas ice cream in the interval Margaret said it had been “smashing”!

Residents all enjoyed their traditional New Years Day meal of lentil soup and steak pie with all the trimmings





Christmas



Christmas punch , for this festive treat you will need

1 Litre of Cranberry Juice

100 g of fresh or frozen cranberries

500 ml of Vodka

400 ml of Grapefruit Juice

2 Limes sliced

Ice

Mix the cranberry, vodka and grapefruit juice into a punch bowl and add the lime slices followed by half of the cranberries and for some added fun freeze the remaining cranberries in ice cube trays before adding to the mix, pour, relax and enjoy!



Christmas



Residents in Spring Gardens all enjoyed a Christmas visit from keyboard player Tony Smith and on this occasion Andrew enjoyed having a front row seat along with Mhari, Irene and Carol.

Christmas Party



Residents all gathered in the dining area for the Christmas party and Santa Linzi led the fun and a congo.



Residents all enjoyed music and pass the parcel but Jim seems to be wondering what he has won!





Christmas 2022



Carol, Ray and Irene with Santa and Mrs Claus



Mary McGregor with Arnold looking on and Eileen chatting to Santa Linzi



Christmas 2022



Bett's son Ian joined in the fun of the Christmas Party and Ruth was delighted to welcome her daughters Roz and Sylvia



Arnold enjoyed the day especially when they played pass the parcel.



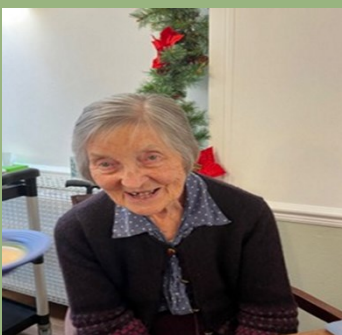
Eileen with Santa Linzi and Margaret Calderwood enjoys spending time with Mrs Claus aka Maureen.





Christmas 2022

In our homes we are lucky to have a visiting hairdresser Kath and the residents in Spring Gardens have their hair styled for the upcoming Christmas celebrations



Margaret, Bett, Carol and Nora all felt a million dollars and looked very glamorous after Kath's visit and look forward to the Festive celebrations.

Christmas Day 2022



Mhari was up early on Christmas morning and took time out in the lounge area to open her presents and to enjoy her peaceful surroundings. Santa Daryl visited residents on Christmas Day here he is seen with Andrew and Elizabeth and Marion tucks into her Christmas dinner with Emmanuel.



Norman enjoyed a special Christmas day visit from Peter the puppet.



Carol and Cathy bring in the New Year with a toast.

To all the residents in Spring Gardens and Viewpark we hope 2023 is a very happy one for everyone. Lang may your lum reek!



Christmas 2022

"Auld Lang Syne"

Should auld acquaintance be forgot
And never brought to mind
Should auld acquaintance be forgot
And days of auld lang syne
And there's a hand, my trusty friend
And gie's a hand to thine
We'll take a cup of kindness yet
For auld lang syne

For auld lang syne, my dear
For auld lang syne
We'll take a cup of kindness yet
For auld lang syne

Should auld acquaintance be forgot
And never brought to mind
Should auld acquaintance be forgot
And days of auld lang syne

For auld lang syne, my dear
For auld lang syne
Should auld acquaintance be forgot
And days of auld lang syne
For auld lang syne

Robert Burns



New Year 2023



Dates for the Diary

3rd February – Festival Theatre trip to Together in Song (Viewpark)

14th February - Valentines Day celebrations (both homes)

15th February – Trip to Cockenzie House for Afternoon Tea (Viewpark)

16th February – Steven Quinn guitarist and singer (Viewpark)

21st February – Shrove Tuesday (both homes)